

# CLINIC SPOT LIGHT



## WEEKS FAMILY MEDICINE

COMPLETE FAMILY HEALTHCARE



**Weeks Family Medicine** was opened by Dr. James Weeks in 2010. Dr. Weeks moved his practice from Prineville and built the office they are now located in on Courtney Drive. In addition to Dr. Weeks, the clinic started with one mid-level provider, Kirsten Heron PA-C.

Our Family Practice model encompasses primary care, obstetrics, dermatology and urgent care conveniently in one location. We also offer travel vaccines and perform minor surgical services such as vasectomy, skin biopsies and colposcopies.

## Clinic Highlights

### **New Providers**

In the last year, we have expanded to include three additional mid-level providers:

Candice Pacheco FNP

Kendra Owens, FNP

Kara Jeffas, PMHNP

### **Access to Care**

In 2015 we expanded our hours to increase access to care for our patients. We now have scheduled and same-day appointments until 6:30pm weeknights, as well as scheduled and same-day appointments on Saturdays from 8-4. We have also expanded our telephone hours to 7am-7pm Monday through Friday.

### **Mental Health Integration**

With the addition of our new Psychiatric Nurse Practitioner, Kara Jeffas, we are increasing access to mental healthcare for our community. The convenience of being able to receive mental healthcare in the Primary Care setting will remove some of the potential barriers to care, such as patients not knowing where to go or being hesitant towards unfamiliar settings.

### **Chronic Condition Management**

In December we hired a Chronic Condition Case Manager RN. We also implemented a new component of our EMR, the Chronic Conditions Management module. This gave us the framework for our new RN to accurately document services provided and needed, as well as setup reminders and compliance tracking. The purpose of this initiative is to increase the monitoring of patients with chronic conditions, and help with compliance for better outcomes.

### **One Key Question**

The One Key Question pregnancy-intention initiative was launched in 2015. This groundbreaking, yet simple, solution is aimed at helping women and families be healthier and ensure that more pregnancies are wanted, planned, and as healthy as possible.

Weeks Family Medicine is currently open to patients birth through 50 years old, and accepts all insurance coverage.